

PASTOR'S REPORT 5/15/2018**ADMINISTRATIVE**

- work with Sandy
- posting on Facebook
- Food Bank distribution
- Consult with congregational leaders
- Council preparation
- Help open church on Sunday
- Make Sure TV "bulletin board" is up and running on Sunday

PASTORAL

- visits; phone calls, e-mails
- Talked with Bob Boutang
- Visited/ Communion with Bertha Bucher (Pioneer Home)
- Baptism prep. Ingram, Victorino
- Visited with Dave and Amy after the birth of Charlotte at FMH
- Confirmation/ Confirmation prep
- Adult Sunday School Prep
- Adult Sunday School
- Monthly Letter
- Follow up on Visitors
- Sermons, Thoughts for the next month, hymns for heritage service
- Several e-mails and cards sent out
- Holy Week Preparation
- Easter Sunrise/ Easter Services Preparation
- Lenten Service Participation
- Marion May- memorial service for brother in June

LUTHERAN

- Cluster Dean work
- Lectionary Group
- Coach- St. Marks Anchorage / Dillingham
- Attended Synod Ministerium/Synod Assembly

OTHER

- National Day of Prayer Service Participation(May3)
- TVCC meeting May 9
- Continuing Education IMN? LA "The Work of the Leader"
- Puppet show at FMH Early Learning Centre 4/11
- At home for Woodway and AmeriGas installation 4/12
- Attended Wrap up dinner at Pump House for Sunrise Service 4/12
- At home for Woodway activating the insert and City Inspection
- Attended Library Fundraiser Dinner 4/14

FUTURE

- **Jonah Victorino baptism May 20th**
- **Charlotte Blair Ingram baptism May 20th**
- **Summer Worship Schedule begins May 27th**
- **Forrest May Memorial Service June 9th**
- **Express Wednesday Evening Communion 6pm July 11,18,25**
- **VBS July 9-13**
- **Trip to Austin/ Seattle 8/1-8/111**
- **2nd part of IMN training September 16-22nd, LA**

ITEMS FOR CONTINUED DISCUSSION/ PRAYER

- **Evita's last Sunday June 3rd**
- **Express Weds Service for July?**
- **Finish off room in parsonage basement from water damage**

Notes from Alaskan Synod Assembly 27-29 April 2018

These notes are submitted by Jeff Rud who attended the Synod Assembly as one of FLC's two voting members, the other being Lois Heine. These notes are meant to share some ideas gleaned from presentations and discussions during the Assembly.

Highlights from the business portion of Assembly:

- Bishop Shellie Wickstrom was re-elected to serve another 6 year term
- A budget of \$446,150 was approved for the Synod
- The ELCA took in a total of \$1.3 billion dollars in general giving in 2017
- Luther Seminary in St. Paul is committed to all students receiving a 100% scholarship

Ideas from other Congregations:

- Offer to host home school'er graduation ceremonies
- Grief counseling is a need that is being offered by another church
- Organize recurring "Parents night out" events
- Have a robust Facebook presence
 - Change cover photo often (weekly)
 - Establish a written church policy for Facebook
- Establish a "Gift Policy". i.e. what would FLC do IF we received a large gift ?
- Look at acquiring an electronic (credit/debit card) means to make contributions
- Does FLC have a water meter OR pay a standard rate?
- The "Plume" outreach program in the Valley is doing some amazing things, reaching people.
 - Hosting dinners for local families. A lot of single mothers involved
- Need to make sure we are compliant with copyright concerns using pictures (one license)

Respectfully submitted by Jeff Rud
May 15, 2018



Evangelical Lutheran Parish Nurse Association

Affiliated with the Evangelical Lutheran Church in America

Let your light so shine before others that they may see your good works and glorify your Father in heaven.

Matthew 5:16



National Information

News from the Region

For Parish Nurses

For Congregation

What is a Parish Nurse

How to Become a Parish Nurse

FAQs

What is a Parish Nurse?

Because the Lutheran tradition has used the term Parish Nurse more extensively, for now we are continuing to use this term, while recognizing that the term Faith Community Nurse is becoming more widely used. We will use both Parish Nurse and Faith Community Nurse interchangeably in this web-site.



History of Parish Nursing:

The 1980's began a new movement in healthcare. Diagnosis related groups (DRGS) determined what a diagnosis should require in cost reimbursement through Medicare. Wellness outcomes are not predictable and many patients were requiring more care than medical reimbursement wanted to provide. As a result of this change in healthcare management, patients were being discharged earlier and sicker.

In 1983 Lutheran Chaplain Granger Westberg proposed an experimental program to assist with medical crisis. He enlisted six Chicago congregations, four Lutheran and two Catholic to hire a nurse to care for parishioners. (Granger discovered that nurses made the easiest and most natural connection with parishioners.) Chicago Hospital Lutheran General agreed to sponsor the program by paying 3/4ths of the salary the first year, half the second year and 1/4th the third year. By the fourth year, the church was paying the full salary and more churches could be added to the program.

The Parish Nurse provided support for those discharged early from the hospital and assisted in referring congregants to health care facilities when needed. Health promotion became a necessary component of the health and healing ministry. Hundreds of congregations now have parish nurses – many different denominations. Many churches use the model of incorporating a parish nurse as a staff member as developed by Granger Westberg. Hospitals and care facilities are finding parish nursing as a good source of outreach and prevention of unnecessary visits to the emergency room or admission to a care facility.

The Evangelical Lutheran Parish Nurse Association (ELPNA) is a nonprofit membership organization comprised of registered nurses who are affiliated with an ELCA or other Lutheran congregation. It was founded in 2004, with the first

membership list including 65 nurses in the Minneapolis and St. Paul Area Synods of Minnesota. The membership is open to Registered Nurses who have completed a Parish Nurse Preparation class and are paid/unpaid/retired staff with an ELCA or other Lutheran congregation.

A Different Kind of Nursing

Here is a link to a story that gives a wonderful example about what a FCN does: The story about parish/faith community nurses -- "A different kind of nursing" -- is now posted on Living Lutheran at: <http://www.elca.org/en/Living-Lutheran/Stories/2014/08/140820-A-different-kind-of-nursing>

What is a Faith Community Nurse (FCN)?

A FCN is a registered nurse with an active license in the state he/she has or has had a practice, who has taken the Foundations for Faith Community Nurse training to promote and practice Health Ministry. Whereas most health disciplines are trained in our aspect of medical care, FCNs are trained to nurture the whole person — body, mind and spirit. FCNs work in partnership with [pastors](#), churches, hospitals, social [service agencies](#), and the community. FCNs focus on prevention, wholeness, and wellness. In many communities of faith, the FCN is the Health Ministry team leader.

Roles of a Parish/Faith Community Nurse

A Parish Nurse/FCN is an Integrator of faith and health, reminding people to care for their body, mind and spirit. Parish Nurses will utilize the ELCA Wholeness Wheel to facilitate understanding and promotion on wellness. Examples include:
Praying with members in need, offering Healing Services.

A Parish Nurse/FCN is a Health Educator.The nurse educates in all formats, one on one to group seminars. In her teaching, she encourages the understanding to the connection of attitude, faith and wellbeing. Examples include: Arranging adult forums on various health topics, teaching with Sunday school classrooms and confirmation, giving classes on diet and/or exercise.

A Parish Nurse/FCN is a Personal Health Counselor.The nurse discusses health problems with parishioners, giving clarity and support. The nurse makes home, hospital and nursing home visits as needed.

The Parish Nurse/FCN is a Referral Agent.The nurse assists with the network of the health care system, making referrals when necessary. The nurse works with community agencies, establishing resources and networks that assist with the well-being of the congregation.

The Parish Nurse/FCN is a Health Advocate.The nurse assists with healthcare assessments and decisions when requested or needed. At times it may mean going with a member to a MD appointment.

The Parish Nurse/FCN is a Developer of Small Groups.The nurse may develop small group ministry or support groups depending on the needs of the congregation. Groups could include grief support, weight loss, or parenting.

And Finally the Parish Nurse/FCN is the Trainer of Volunteers. Health ministry can not be done with one person. Christ called all to be his disciples of His ministry. The nurse utilizes volunteers to assist in the ministry of health and wholeness.

*Christ's ministry to bring healing to the world continues today.
Bringing Parish Nurse Ministry to the congregation fulfills that call.*

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