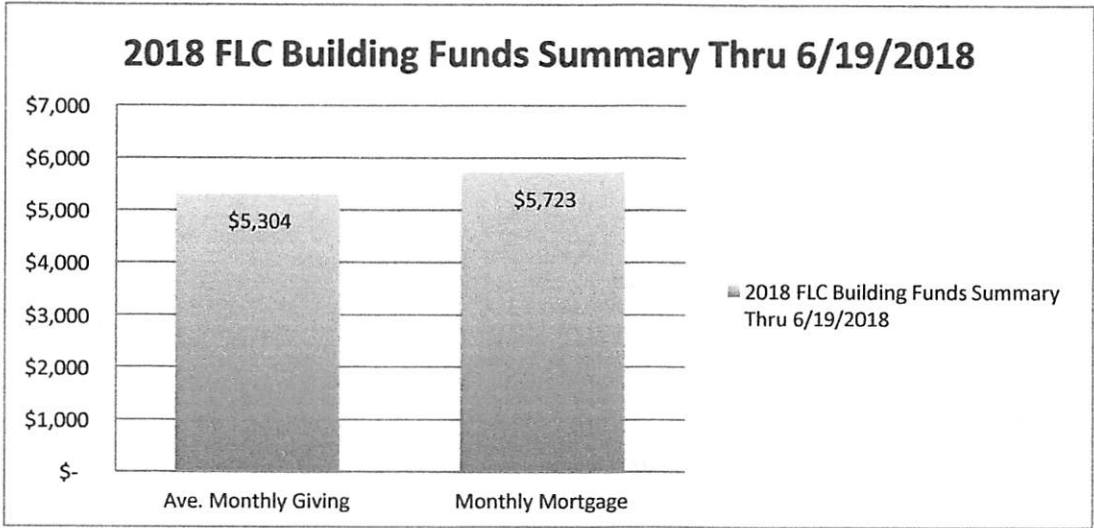
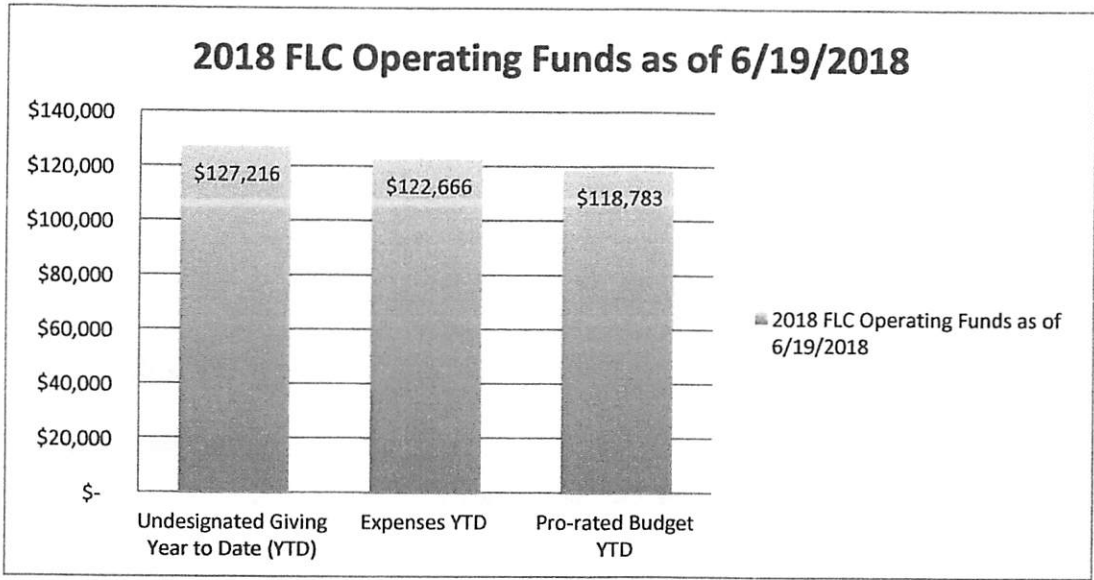


Fairbanks Lutheran Church  
Congregational Council Meeting Agenda

June 19, 2018

1. Call to Order
2. Devotion
3. Approval of Agenda
4. Approval of May 2018 Council Meeting Minutes
5. Financial Report
6. Pastor's Report (Pastor John)
7. Ministry Reports
  - a. Property Ministry
  - b. Constitution Ministry
  - c. Mutual Ministry Ministry
  - d. Stewardship Ministry
  - e. Education Ministry
  - f. Worship & Arts Ministry
8. Old Business
9. New Business
10. Closing Prayer



Our mortgage balance is now \$824,237.24 and with our giving, it's steadily decreasing!!

We currently have 8 mortgage payments between Mt. McKinley Bank and MIF.

# Home

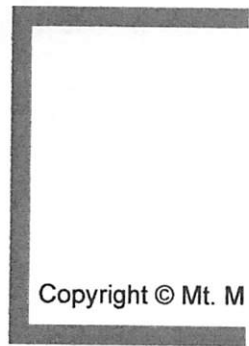
## Alerts

### Stay Alert

Know about changes to your finances and online security. Choose when and what alerts you get by email or text message.

Enroll

## Pay Bills



Copyright © Mt. M

## Accounts

 [Edit Accounts](#)

 [Print](#)

### CHECKING ACCOUNT

XXXX1851

Available

balance

\$17,496.19

→ \$9,985

### FLC Youth PASSBOOK SAVING

XXXX9641

Available

balance

\$6,930.86

### MEMORIAL FUND

XXXX8018

Available

balance

\$14,455.91

→ \$8,604 to checking


### BUILDING PROJECT

XXXX4257

Available

balance

\$12,410.40

Member FDIC. Equal Housing Lender 

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# MISSION INVESTMENT FUND

A FINANCIAL MINISTRY OF THE ELCA

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**Welcome Fairbanks Lutheran Church!**

Account (Click for Details)

D CK 7456

Balance

\$34,326.96

Status

Options

Select Option ▼

Account (Click for Details)

Com Lns 9830

Balance

\$824,237.24

Status

Options

Select Option ▼

1 Deposit accounts with a total balance of \$34,326.96

1 Loan accounts with a total balance of \$824,237.24

You last accessed your MIF Online account on Thursday, June 14, 2018 11:13:36 AM Central Time

You have accessed MIF Online 41 time(s) since Tuesday, March 14, 2017 4:57:52 PM Central Time [Reset this counter](#)

## Five Healthy Habits

By David Hull

CHC Consultant and the coordinator for CHC-Southeast

Researchers at Harvard University recently completed a study of the factors that lead to a healthier, longer life. Using life-style questionnaires and medical records of 123,000 volunteers, they determined that the presence of five healthy habits in a person's life will significantly increase the number of years that a person will live. Men who follow these habits will live an average of 12 years longer than men who do not practice these habits, and for women that number is 14 years. Meir Stampfer, professor of epidemiology and nutrition at the Harvard TH Chan School of Public Health and the co-author of the study, wrote, "When we embarked on this study, I thought, of course, that people who adopted these habits would live longer. But the surprising thing was how huge the effect was." Their report is entitled "Impact of Healthy Lifestyle Factors on Life Expectancies in the US Population" and is published in *Circulation*.)

What are these five healthy habits? It should be no surprise to learn that the five healthy habits were defined as not smoking; having a body mass index between 18.5 and 25; taking at least 30 minutes of moderate exercise a day, having no more than one 150ml glass of wine a day for women, or two for men; and having a diet rich in items such as fruit, vegetables and whole grains and low in red meat, saturated fats and sugar. A regular practice of these healthy habits led to much longer average lifespans than those who did not practice these habits.

What are five healthy habits for a church? My colleague at CHC, Jim Kitchens, wrote an article about this back in October 2017. I suggest that you go to <http://chchurches.org/just-what-is-a-healthy-church/> to read his blog. He was writing for all our consulting group who had just been on a retreat and discussed the characteristics of a healthy church. We came up with this statement. "A healthy church is a community of Jesus followers with shared vision, thriving ministry, and trusted leadership." His article gave excellent descriptions of the phrases in that statement. Let me now build on his writing and ask us to take the next step.

Our CHC statement is a definition. But behind that definition are habits which lead to this kind of healthy church. What are those habits? Let me suggest that you use this question as an exercise for a leadership group in your church. It does not matter whether this is the church staff, Deacons, Elders, or a Leadership Team. Think of some group in your church and then have a discussion. Start with the definition that our CHC group wrote. I realize that there can be many definitions like this. If you have found a better definition, use it. The point of the exercise

is to get to the habits which lie behind the qualities in the healthy church. Just as the Harvard researchers found five habits which shaped physical health in the human body, ask your group to talk about the habits which may lead to a church fully realizing the definition of a healthy church.

As you have this discussion, break apart the definition when you talk about habits. Look at the key words in the definition for a starting place:

- **“Community”** – What habits in our church foster community among us? What do we do on a regular basis that brings us together to live as a family of faith? What habits strengthen our relational connections? What are we doing that keeps us from experiencing this kind of fellowship?
- **“Jesus followers”** – What habits, when done on a regular basis, demonstrate that we are followers of Jesus? What did Jesus himself tell us to do as we follow him?
- **“Shared vision”** – If one person simply declares a vision for a church, then habits may not be necessary. But if a vision is to be shared, then what habits are needed to ensure that a collective vision represents the entire congregation?
- **“Thriving ministry”** – Start with the basic question. What is a “thriving ministry?” Then move on to wonder, “What habits are needed for a ministry of the church to really thrive?” Are we engaging in those habits as a church?
- **“Trusted leadership”** – Trust does not happen overnight. Habits are in place which build trust in any organization. What habits do we have in our church that have fostered trust in our leaders? What are we doing now that seems to destroy trust?

Will Durant said it well. “We are what we repeatedly do. Excellence, then, is not an act, but a habit.” That is true for human bodies who are healthy. It is also true for churches. How healthy are the habits of your church? It might help to talk about it.

**PASTOR'S REPORT 6/19/2018****ADMINISTRATIVE**

- work with Sandy
- posting on Facebook
- Food Bank distribution
- Consult with congregational leaders
- Council preparation
- Help open church on Sunday
- Make Sure TV "bulletin board "is up and running on Sunday

**PASTORAL**

- visits; phone calls, e-mails
- Visited/ Communion with Bertha Bucher (Pioneer Home)
- Visit Joel Cedarberg- Denali Ceneter
- Miriam Circle
- Baptism, Ingram, Victorino
- Went to Charlotte's Baby Q
- Confirmation/ Confirmation prep
- Adult Sunday School Prep
- Adult Sunday School
- Monthly Letter
- Follow up on Visitors
- Sermons, Thoughts for the next month, hymns for heritage service
- Several e-mails and cards sent out
- Forrest May memorial service
- Wedding Preparation, Soule-Bailey
- Wedding Preparation, Koop-Crawford
- Counseling
- Talked with Carol Sparks, help with heritage service
- Talked with Scott Hanson/ Memorial Service/ accompanist Heritage Service

**LUTHERAN**

- Cluster Dean work
- Lectionary Group
- Cluster Brunch

**OTHER**

- Article for Newsminer 5/18
- Puppet show at FMH Early Learning Centre 6/13
- At home for Woodway to inspect work on the second fireplace

**FUTURE**

- Soule- Bailey Wedding 6/27/2018 6pm
- Morgan, Jeff, and William and cluster Youth Gathering July 26-July 1

- **Newsminer Article for June**
- **Express Wednesday Evening Communion 6pm July 11,18,25**
- **VBS July 9-13**
- **Crawford-Koop wedding 7/21/2018 3pm**
- **Trip to Austin/ Seattle 8/1-8/111**
- **2<sup>nd</sup> part of IMN training September 16-22<sup>nd</sup>, LA**

#### **ITEMS FOR CONTINUED DISCUSSION/ PRAYER**

- **God's work/Our Hands September 9<sup>th</sup>**
- **Mikah Meyer July 15<sup>th</sup>?**



**From:** Mikah Meyer <[mikahmeyer@gmail.com](mailto:mikahmeyer@gmail.com)>  
**Sent:** Monday, June 18, 2018 11:00 AM  
**To:** [pastorfairluth@gci.net](mailto:pastorfairluth@gci.net); [fairluth@gci.net](mailto:fairluth@gci.net)  
**Subject:** Lutheran Singer/Advocate coming to Fairbanks

Hello Pastor John,

I'm a National Cathedral countertenor singer and Lutheran pastor's son (Larry Meyer of Nebraska Synod 1989-2005) The Today Show and Juneau Empire just featured for the Christian advocacy I'm doing as part of my world record road trip to all 417 National Park Service sites. As the below stories explain, along my parks route, I sing/speak at churches about being an openly gay Christian using this journey's media attention to foster acceptance. My schedule just allowed for a Sunday in Fairbanks, and I'm wondering if your church might like me to guest sing/speak for your services July 15?

Today Show: <https://www.today.com/video/meet-the-man-practicing-his-faith-with-the-gay-christian-community-1203225155827>

Juneau Empire: <http://juneauempire.com/news/local/2018-05-29/all-417-national-park-sites-one-trip-what-keeps-christian-lgbt-adventurer>

Typically what churches have me do is sing a couple solos throughout the service (though I offer up to 5), then speak for a few minutes about my project. Should you want me to guest preach, I have a sermon based on John 9:1-(11 or 41) I often give. I don't need pre-set payment for coming, just the opportunity to set out a donation basket and offer congregants the ability to support my LGBT Christian ministry if they wish.

Feel free to call my cell 901-219-1452 with any questions, or email me here.

Many thanks,

Mikah Meyer  
[www.mikahmeyer.com/](http://www.mikahmeyer.com/)

# Fairbanks Lutheran Church

## Summer Worship **Accompanists** Schedule

May 27, 2018 --- September 2, 2018

Beginning **Sunday, May 27<sup>th</sup>**.

**One service at 9:30am.**

**Each Sunday our 2 different forms of worship will rotate.** For example, Heritage one week then the next week would be Celebration II. On the **5<sup>th</sup> Sunday** we will have a **Potluck Meal** after the service.

### Here is our Schedule:

May 27 – Celebration 2	(Connie Oba)
June 3 - Heritage	(Evita Maniatopoulou)
June 10 – Celebration 2	(Kyle Hackett)
June 17 – Heritage	(Carol Sparks)
June 24 – Celebration 2	(Connie Oba)
July 1 – Heritage	(Scott Hansen)
July 8 – Celebration 2	(Jaunelle Celaire)
July 15 – Heritage	(Carol Sparks)
July 22 – Celebration 2	(Jaunelle Celaire)
July 29 - (5 <sup>th</sup> Sunday Potluck)	(Carol Sparks)
August 5 – Heritage	(Scott Hansen)
August 12 – Celebration 2	(Connie Oba)
August 19 – Heritage	(Scott Hansen)
August 26 - Celebration 2	(Connie Oba)
September 2 – Heritage	(Carol Sparks)
September 9– return to 2 services 9am & 11am	

## Bright Futures Fairbanks partnership with Joy Elementary

### Supplies needed at Joy Elementary:

- Loose leaf paper, wide rule
- Single subject notebooks, wide rule
- Crayola crayons, 24 count
- Crayola washable markers
- Colored pencils, 24 count
- Kleenex
- Glue sticks, large

### Donations may be needed for:

- Scholastic news subscriptions, \$5 per student (looks like 3 grades subscribe)
- Headphones w/mics for their reading intervention program (the school uses a specific model, so monetary donations that would let them buy the right ones would be best), waiting to hear back on prices, quantity needed

Information on events for Fall semester should be available as we get closer to the start of school.